

THE DIALOGUE

A WEEKLY MAGAZINE FOR THE CHABAD HEBREW SCHOOL COMMUNITY

The Human Battery

“Where’s Zaidy (grandpa)?” a grandfather playfully asked his young grandson who was sitting on his lap.

The child smiled and pointed to the center of grandpa’s face.

“That’s my *nose*. Where’s Zaidy?” asked grandpa once again.

The child pointed to grandpa’s head, to which grandpa said, “That’s my *head*. Where’s Zaidy?” Puzzled, the boy tried one more time, by pointing to his grandfather’s heart. “My sweet grandchild, that’s my *heart* - but where’s *Zaidy*?”

Exasperated, the child slid off his grandfather’s lap and left the room. As he passed the door, he banged himself on the door and cried out in pain. As his grandfather sprang to his feet, rushing to help his beloved child, the boy turned and cried, “Ah - *there’s Zaidy!*”

‘Zaidy’ was the deeper self, the persona within the body. ‘Zaidy’ was the undefinable and indescribable ‘I’, who uses the body as its tool. ‘Zaidy’ was the element that transforms a physical body into a *person*. Zaidy was the Neshamah (soul).

The Neshamah is the ‘Me’ inside my body. It’s my personality, my deeper self - my intellect and emotions. It’s my indescribable, most fundamental levels of consciousness. It’s ME.

Birth is when Hashem instills a G-dly Neshamah into a physical body and the person is alive! Equipped to fill the world with goodness and holiness.

Our Neshamah - a *piece of Hashem (G-d)* has an *Infinite* capacity of growth. We constantly challenge ourselves and dig deep inside to find inner strength we need to be the best we can be!



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QUESTIONS FOR DISCUSSION

Along with the good things that life brings, there certainly are some challenges along the way. How can we use the knowledge that we have a Neshama - a piece of Hashem within us - to help us be strong in our journey of life?