



January 26, 2012
 Shvat 2, 5772
 Candle Lighting: 4:51 pm

For Kindergarten grade 1
 TORAH COURSE #1
 The Book of Genesis



THE DIALOGUE

A WEEKLY MAGAZINE FOR THE OLAM ACADEMY FAMILIES

Let's "Havdalla" Into a New Week!

By: Malkie Herson & Batsheva Mouly

The Place: The Garden of Eden. The Time: Shabbat. The world felt so peaceful. Hashem looked at each of His creations and smiled with pleasure. Adam and Chava, too, were enjoying the beauty of this day. Shabbat felt different than the day before. Shabbat, a day of celebration. A day to think on the past week.

Although Adam and Chava were only just created the day before, they had a lot to think about. "Adam, remember yesterday, when I ate from the tree, the Etz Hadaat?" said Chava, "I remember what it felt like in my mind before I did it. A part of me was curious in trying it, but the other part of me was telling me 'no way, don't eat it.' I was being pulled in two directions. It felt very confusing. But now I know what it feels like inside when something is stopping me from doing the right thing. Next time I feel that confusing feeling I will know to be extra careful. I think that this mistake taught me a really important lesson."

"Chava, I am really proud of you. That is what today is all about, being truthful to ourselves. Then we can find the strength to make better choices. Remember what Hashem told us," continued Adam, "tomorrow, a new week will begin. Each day, each week, each moment we have a new opportunity to fill the world with good. I am looking forward to what we can accomplish."

Morning turned to afternoon which turned to evening and Shabbat day was about to end. The moon was glowing and the sky was sprinkled with

twinkling stars. The new week was beginning. Adam and Chava understood they would now need to leave the Garden; it was the consequence of their actions. They were sad to leave the wonderful Garden and all its beauty. But they were ready to welcome the new week and make better choices.

As Adam and Chava left the garden they suddenly realized how dark night was. It was different from the Garden where the light of Hashem shone strongly. "What can we do to bring some light into this darkness?" they wonder. They rub two stones together and lo and behold, a spark was created from that friction! They made fire! The world now has some light; it was not as dark.

"It will be okay," they told each other. "We will fill this world with more light. Not just the light of fire, but the light of goodness and holiness." They thank Hashem for the wonderful world and for allowing them to make fire.

Each week, as Shabbat leaves and the new week begins, we too say a special prayer. It's called THE HAVDALAH. We use this time to thank Hashem for the gift of Shabbat. We take our thoughts and plans with us as we are ready to start the week with new challenges and new accomplishments. We fill a cup of WINE (lending importance to this service), we recite the prayer. We light a CANDLES (reminding us of Adam and Chava's fire) and smell SPICES (rejuvenating us to our mission). We are ready to start our new week. Yes, we can do it! Hashem is with us ready to help us as we try to fill the world with goodness and G-dliness. Hashem smiles as we do our best in fulfilling what He asks of us.

**The Havdalah Service:
 Over a cup of wine,
 and some spices to sniff,
 We kindle a flame
 We make a blessing for
 the new week.**



THE DIALOGUE
 QUESTIONS FOR DISCUSSION

When Shabbat is over and the new week begins, we have a special service called the HAVDALLAH. This service SEPARATES Shabbat from the rest of the week. We light a candle and say a special prayer. During the Havdallah service, we remember our Shabbat reflections and think about how they can influence our behavior in this new week.

Name: _____ Parent Signature: _____